

The Believer's Battle

Part 3

The Battle with the Flesh

I John 2:16; Romans 6:6-9, 7:18, 23-25; 8:7-8, Gal 2:20

Defining the Flesh

- My _____
- My _____ to sin
- My _____ to sin
- My _____ nature
- My _____ nature

Dealing with the Flesh *(through the power of the Holy Spirit, the Word of God, and one another)*

- D _____ – Luke 9:23
- D _____ – I Cor 9:24, II Cor 10:3-5, I Peter 3:13
- R _____ – Galatians 5:13
- W _____ – Galatians 5:16, Romans 8:1
- M _____ – Colossians 3:5
- R _____ – Eph 4:22, II Cor 7:1
- R _____ – Romans 6:11
- R _____ – Romans 6:12
- Y _____ – Romans 6:13
- O _____ (as a pattern) – I Peter 3:14-15

*Thoughts from John Owen – Mortification of Sin,
Overcoming Temptation & Sin*

1. *Indwelling sin always abides in believers*
2. *Indwelling sin always acts to bring about the deeds of the flesh*
3. *Indwelling sin not only acts but attempts to bring about soul-destroying sins*
4. *The Spirit and the new nature have been given to us so that we may oppose sin and lust.*
5. *Neglect of this duty to mortify causes the withering of the soul*
6. *We are commanded to perfect holiness out of the fear of God*

Winning the Battle...

1. Consider the dangerous symptoms of your lust
2. Get a clear sense of the guilt and danger of the sin
3. Load your conscience with the guilt of the "perplexing distemper"
4. Have a vehement desire for deliverance
5. Determine whether the sin is rooted in your natural temperament
6. Prevent the opportunities for sin
7. Vigorously oppose the first acts of sin
8. Think deeply about the majesty of God
9. Speak no peace to your own disquieted heart - let God speak it.

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Defining the Flesh (more than just my body)

- My humanness
- My disposition to sin
- My tendency to sin
- My self nature
- My old nature

Dealing with the Flesh (*through the power of the Holy Spirit, the Word of God, and one another*)

- Deny – Luke 9:23
- Discipline – I Cor 9:24, II Cor 10:3-5, I Peter 3:13
- Restrain – Galatians 5:13
- Walk – Galatians 5:16, Romans 8:1
- Mortify – Colossians 3:5
- Remove – Eph 4:22, II Cor 7:1
- Reckon – Romans 6:11
- Resist – Romans 6:12
- Yield – Romans 6:13
- Obedience (as a pattern) – I Peter 3:14-15