

Are You Adding To Your Faith?

“Self-control, Self-restraint, Self-discipline”

II Peter 1:6, I Cor 9:27, 14:33/40; Col 3:5; Phil 2:12

I Tim 4:7, Heb 5:14 (to train in gymnastic discipline)

DEFINITION (of Temperance)

- To _____ by adding something to modify it
- Spirit _____ self _____
- Holding oneself “in _____” but not “in _____”
- M_____ of excesses in your life (balance)
- M_____ your immaturity/irresponsibility
- A_____ from sinful indulgences

DIGGING IN!

What it is NOT!

- It is not _____
- It is not _____
- It is not _____
- It is not _____
- It is not _____
- It is not _____
- It is not _____

How to Practice It!

- E _____
- E _____
- E _____
- E _____
- _____ - P _____
- P _____ - P _____
- E _____
- E _____

Why Add It?

- To _____ God & His Word
- To make _____ in spiritual maturity
- To be _____
- To _____ your life
- To gain _____ in Christ
- To be _____ in the Lord

